

Mary Help of Christians School

SCHOOL LUNCH MENU

SANDWICHES

Vegemite	\$3.20
Egg	\$4.50
Salad	\$5.50
<small>(grated carrot, lettuce, tomato, cucumber)</small>	
Cheese	\$4.60
Ham	\$5.00
Ham and Salad	\$6.20
Tuna	\$5.00
Tuna and Salad	\$6.50

Sandwich Extras

Cheese	\$0.70
Pineapple	\$0.80
Salad	\$2.50
<small>(grated carrot, lettuce, tomato, cucumber)</small>	
Tomato	\$0.70
Lettuce	\$0.80
Cucumber	\$0.60
Grated Carrot	\$0.50
Mayonnaise	\$0.50
BBQ Sauce	\$0.50
Tomato Sauce	\$0.50
ADD Toasting	\$0.40

FROZEN ITEMS

99% Fruit Ice Stick	\$1.00
Frozen Juice Cup	\$1.50
<small>Apple or Orange</small>	
Chocolate Moosie	\$2.00
Mango Frozen Yoghurt GF	\$2.00
Ice Cream Cups	\$2.00
<small>Strawberry / Chocolate / Vanilla</small>	

DRINKS

Water	\$1.50
Chocolate Milk	\$2.20
Strawberry Milk	\$2.20
Just Juice Paradise Punch	\$2.20
Just Juice Apple	\$2.20

SNACKS

Boiled Egg	\$1.80
Popcorn	\$1.50
Plain Chips	\$1.50

HOT FOOD

Lean Beef Pie	\$5.90
Sausage Roll	\$4.80
Tomato/BBQ Sauce	\$0.50

More items available to order online.

Ordering is easy through
www.flexischools.com.au